AUDIO RECORDING ORDER FORM

March 9, 2009 Audio Course
"Vital Signs ARE Vital:
Demystifying Cardiovascular Risk and Measurement as Part of Your PT Practice"

Presented *by*

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ABOUT THE COURSE

Physical activity is a key component of health, and also an important aspect of physical therapy practice. An understanding of cardiovascular (CV) risk status and the effect of high or low cardiovascular risk on exercise response is necessary for performing appropriate screening and prescribing physical activity effectively. This session will provide PTs with tools for identifying and classifying cardiovascular risk in PT clients. PTs will be able to use these tools to safely monitor physical activity in their clients, evaluate patient outcomes and communicate with other health professionals to improve cardiovascular health in all patients.

Course recording is approximately 1 hour 22 minutes.

OBJECTIVES

- Identify cardiovascular risk factors, current national guidelines for CV risk assessment and importance of understanding CV risk
- Identify risk of cardiovascular events during exercise
- Classify patient cases based on CV risk stratification system
- Discuss algorithm based PT clinical decisions based on CV risk factor stratification
- Identify examination and documentation issues based on insurance guidelines

ABOUT THE PRESENTER

Susan Scherer, PT, PhD, received her bachelor's degree in physical therapy at the University of Maryland, her master's degree from the University of Phoenix and a PhD in Health and Behavioral Science from the University of Colorado, Denver. Susan has taught physical therapy for 16 years, first at the University of Colorado Health Sciences Center and for the last five years at Regis University. Her teaching expertise is in management of cardiac and pulmonary patients, patients with other medical conditions such as diabetes, pharmacology and health/wellness promotion.

CEU

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